



Important Decisions Guide

Congratulations on deciding to plan ahead for your end-of-life! You are well on your way to peace of mind and relieving your family from making difficult decisions.

This Important Decisions Guide is designed to tackle some of the big decisions. Below you will find a list of some essential decisions you should consider. **Keep in mind, not all of these choices need to be made at once – take your time to reflect on what’s right for you.**

Where applicable, collect these important documents together as you go through the list. We recommend making extra copies or taking photos, since these records are so important. These documents are extremely sensitive and should be stored in a manner that keeps them safe.

This Guide includes a checklist to help you keep track of your progress as you go, as well as a workbook to help you document your decisions.

Checklist

- Select someone to carry out your final wishes
- Decide how you would like your remains handled
- Make important decisions for your will or final wishes
- Complete and include important paperwork

Workbook

IMPORTANT DECISIONS FOR:

Date: _____

The person I've chosen to carry out my final wishes is:

- Name: _____
 - Contact: _____
 - Relationship: _____

For my will, I've decided:

- I have a last will and it can be located at:

- Instead of a last will, I've decided to detail my final wishes here:



My detailed wishes for the guardianship for my children and/or dependents (if applicable) are as follows:

My detailed wishes for the care of my pets (if applicable) are as follows:

For organ donation, I've decided:

- I do not wish to donate my organs
- I wish to donate my organs, and the paperwork can be found at:

I would like my remains to be:

- Cremated
- Buried
- Donated to: _____
- Details: _____



The important paperwork I've completed includes:

- Last Will
 - Tip: It's best not to put your funeral wishes solely in your will because sometimes the will isn't read until later. Record your funeral wishes in Your Final Ceremony Guide.
- Power of Attorney (Healthcare Proxy)
- Durable Power of Attorney
- Living Will
- Advance Directive (a combination of you Living Will and naming a Health Care Proxy)
 - DNR/DNI Order (Do not resuscitate, do not intubate)

The paperwork can be found at: _____

Next steps:

All done? Pat yourself on the back! You've just completed a huge step on your end-of-life planning journey. One step closer to peace of mind! Check off the Important Decisions Guide on your Planning Ahead Checklist, and let's move on to any other Guides you're ready to complete.

Don't forget to store this completed checklist safely and securely, where loved ones could access it when needed.